



<p>Title of the project</p>	<p>Making Frailty a priority in East Kent: An integrated whole-systems commitment to change</p>
<p>Sponsor Name, Title, Host Organisation</p>	<p>Jointly hosted by Dr Shelagh O’Riordan Lead geriatrician & Clinical Director of Frailty services Kent Community Foundation NHS Trust</p> <p>Dr Upaasna Garbharran Consultant geriatrician East Kent Hospitals University Foundation Trust</p>
<p>Explain the project in one sentence</p>	<p>The development of a whole-systems Frailty strategy based on true collaboration between the Acute Trust, Community Trust, primary care and other community partners focused on establishing a continuum of care using innovative ways of working within community multi-disciplinary team hubs</p>
<p>Tell us about the project and sponsor in no more than 175 words</p>	<p>At present, frail, older patients are managed in a traditional model of care through admission to the acute hospital setting during a time of crisis. These patients are vulnerable to deconditioning, decompensation and dependence, negatively impacting on their overall morbidity and mortality. At the end of this (often prolonged) spell, patients are discharged to community teams with variable planning and communication.</p> <p>Currently, there is a significant paradigm shift in East Kent which presents the unique opportunity to effect a lasting change to this model of care. This is accompanied by a real commitment and investment in time and resource from all stakeholders.</p> <p>The aim of this project is to link the multidisciplinary work in the community hubs to effect interventions for deterioration in health status that avoid hospital admission where possible. Where admission proves</p>

	<p>unavoidable the secondary aim is to enable the seamless early transfer of care back out to the patient's usual home with ongoing support from the hubs as a platform for collaborative working and shared risk-taking.</p> <p>The successful applicant will work directly with motivated clinical system leaders to develop an integrated approach to Frailty focused on providing care primarily in patients' own homes.</p>
<p>What skills or attributes are you looking for in a fellow?</p>	<p>It is essential that the successful candidate has the ability to work within a wide team with competing priorities, but is able to offer perspective and pragmatism. This is likely to require courage to say unpopular things when required. As part of the Darzi programme, self-determination is essential accompanied by confident goal-setting and time management. Clinical experience and enthusiasm to manage frailty will be significant predictors of success.</p>
<p>Who to contact? (Please include a brief bio, contact details and photo)</p>	<p>Please contact</p> <p>Dr Shelagh O’Riordan Shelagh is a consultant community geriatrician with 14 years’ experience as an acute hospital geriatrician before she took up her new role in 2016. She is clinical director of KCHFT frailty services across Kent and leads the East Kent Community Frailty Service. She can be contacted on shelagh.o’riordan@nhs.net</p>  <p>Dr Upaasna Garbharran Upaasna is a Consultant geriatrician with a subspecialty interest in Parkinson’s disease. She has worked as a Consultant and clinical lead at EKHUFT for 5 years. She is passionate about raising the profile of Frailty and pushing the co-production agenda for patient-focused care in Geriatric Medicine.</p>