



<p>Title of the project</p>	<p>Falling through the gaps – turning our stories into a case for change</p>
<p>Sponsor Name, Title, Host Organisation</p>	<p>Neil Carleton, Programme Manager, HEE KSS & Sussex Partnership Helen Leigh-Phippard, Mental Health Trainer & Consultant</p>
<p>Explain the project in one sentence</p>	<p>Current focus on the physical/mental health integration is around the mental health of people with long term conditions and on preventative checks for those with serious mental illness – we want to look at improving the care for those people with both long term mental and physical conditions through understanding their experiences.</p>
<p>Tell us about the project and sponsor in no more than 175 words</p>	<p>There’s a huge amount of great work going on in the NHS and social care at the moment – and a huge investment in mental health which is great. However many people feel that they fall between the gaps that are created between services. To address these gaps we need new ways of working rather than more targets and initiative.</p> <p>Helen came up with this project idea – it comes straight from her own experiences in the NHS. Many people who have contact with mental health services also have long term conditions and anecdotally we think the experiences they have along the way could and should be much better than we’re hearing they are in real life. We want to, with your help, do something about this... The only way to make things better will be to really understand what’s going on and by talking to those to whom this matters the</p>

	<p>most you'll be able to coproduce solutions that we'll be able to support you in trying out.</p>
<p>What skills or attributes are you looking for in a fellow?</p>	<p>If you are flexible, caring, compassionate and driven to make a real difference then we need you. This project has a huge coproduction element to it and your sponsor will be an experienced patient leader so you need to be ready to do some pretty amazing work! You'll need to be someone who can make use of the considerable support we have to offer you. We don't care what your background is – if you're good with people and want to learn and make people's lives better (at scale) then come talk with us.</p>
<p>Who to contact? (Please include a brief bio, contact details and photo)</p>	 <p>Neil.Carleton@sussexpartnership.nhs.uk Tel: 07848033239</p>  <p>Twitter: @drhelenp</p>