



<p>Title of the project</p>	<p>Embedding Equally Well UK in the South East</p>
<p>Sponsor Name, Title, Host Organisation</p>	<p>Andy Bell Deputy chief executive Centre for Mental Health</p>
<p>Explain the project in one sentence</p>	<p>The project aims to embed the national Equally Well UK programme in the region and tackle one of the most intractable issues relating to physical health for people with a mental illness</p>
<p>Tell us about the project and sponsor in no more than 175 words</p>	<p>Equally Well UK is a newly established collaborative aiming to improve physical health for people with a severe mental illness. It is a national initiative, led by Centre for Mental Health, which will bring together people and organisations nationwide to share evidence and solutions and enable more people to enjoy equal health.</p> <p>Achieving this means tackling some very challenging issues. These include finding ways of supporting people to stop smoking, not just when they are in inpatient wards, and taking action to prevent or mitigate obesity. The aim of the project is to focus on one of these issues (or another similarly 'wicked problem'), to work through the Equally Well network to identify potential solutions, and to work with a service in the region to apply them in practice.</p> <p>Centre for Mental Health is an independent charity working nationwide to drive change in policy and practice. It carries out a wide</p>

	range of research projects and campaigns as well as hosting Equally Well UK
<p>What skills or attributes are you looking for in a fellow?</p>	<p>We are seeking a fellow with the ability to tackle seemingly intractable issues, to gather and sift through evidence and to support local innovation and problem-solving. We need someone who can work at a range of levels, from national to local, in a small organisation with a nationwide impact. And we need someone who can work independently on a project but also to collaborate and build relationships with colleagues within the Centre, across the Equally Well UK network and with partners in the South East region.</p>
<p>Who to contact? (Please include a brief bio, contact details and photo)</p>	<p>Andy Bell is deputy chief executive at Centre for Mental Health, an independent charity that drives change in policy and practice. Andy helped to set up Equally Well UK and has also established the Mental Health Challenge for Local Authorities.</p> <p>Contact: andy.bell@centreformentalhealth.org.uk 020 7717 1558 or 07810 503638</p> 