



<p><b>Title of the project</b></p>	<p>Investigating the important issues of Mental Health and Suicide in Trainees and Students across HEE KSS and developing ways to improve their wellbeing.</p>
<p><b>Sponsor Name, Title, Host Organisation</b></p>	<p>Professor Graeme Dewhurst Postgraduate Dean Health Education England, Kent Surrey &amp; Sussex Team</p>
<p><b>Explain the project in one sentence</b></p>	<p>This project aims to investigate the issues central to trainee and student mental health and suicide-including identifying causative factors-and the most appropriate measures and approaches to reduce these and increase wellbeing.</p>
<p><b>Tell us about the project and sponsor in no more than 175 words</b></p>	<p>Working and learning in the current NHS is challenging and increasingly stressful-with the expanding capability of Medicine, rising patient and political expectations and (appropriately so) a more vocal and involved patient group.</p> <p>Currently there appears to be an increasing incidence of mental health issues amongst doctors and students in training in the NHS and tragically there have been suicides associated with this.</p> <p>This project will investigate the incidence of mental health issues and suicide amongst doctors and other healthcare students in training posts in the NHS.</p> <p>It will investigate the causative factors and review the multiple approaches designed to support this vital group and the most effective ways to increase wellbeing at the present time.</p> <p>By the end of the project we hope to have gained a much better understanding of the situation across Kent, Surrey and Sussex and to have developed a practical guide to</p>

	<p>address these issues and to be able to issue guidance to all those involved with trainees and students-including the individuals themselves-on the best ways to increase their wellbeing.</p>
<p><b>What skills or attributes are you looking for in a fellow?</b></p>	<p>Interest and real curiosity to understand the issues in the project.          Ability to work to deadlines.          Ability to carry out literature searches, simple focus groups and to work with a wide range of professionals who have an interest and expertise in this field.          Empathy and compassion in this sensitive yet critical area.          Ability to enjoy working in a team.          Adaptability.</p>
<p><b>Who to contact? (Please include a brief bio, contact details and photo)</b></p>	<p>Professor Graeme Dewhurst  <a href="mailto:graeme.dewhurst@hee.nhs.uk">graeme.dewhurst@hee.nhs.uk</a></p>  <p>Graeme Dewhurst is Postgraduate Dean for Health Education Kent, Surrey and Sussex (HEKSS).          He has overall responsibility for the postgraduate education and training of over 3,500 doctors in the region, from qualification through to appointment as consultants or GP principals. He is also the senior clinician supporting and guiding the multiprofessional workforce across HEKSS.</p> <p>He was the Senior Clinical Examiner for the Royal College of Physicians of London from 2012-2016 and was previously Head of Health Education Kent, Surrey and Sussex School of Medicine (2007-15). He has been a consultant general physician with special responsibility for the elderly in Chichester for over 25 years.</p> <p>He was Undergraduate Sub Dean for Brighton and Sussex Medical School and King's College</p>

London Medical School in Chichester until August 2015.

He has a strong teaching and research interest in clinical teaching and learning. He continues to provide hands-on clinical and seminar teaching.